

MENTAL HEALTH
SUPPORT SOLUTIONS

2023



MHSS

SERVICES OVERVIEW

MAKING PSYCHOLOGICAL WELLBEING
OF YOUR CREW - OUR TOP PRIORITY

WHO WE ARE



YEARS OF EXPERIENCE

Founded in 2018, MHSS is now trusted by over 6000 vessels worldwide



LEADING EXPERTS

Our team consists solely of professional clinical psychologists with maritime experience



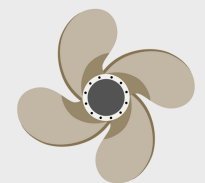
GLOBAL PRESENCE

We operate around the world, offering our services in 25+ languages



ALL THINGS MARITIME

We offer bespoke solutions and training for cruise, shipping and yacht sectors



24/7 HELPLINE

Making people feel heard,
understood, and supported

Proactive rollout programme
with introductory webinars
and promotional materials,
designed to raise awareness
of the service



ROUND-THE-CLOCK SUPPORT,
24/7, 365 DAYS A YEAR



25+ LANGUAGES, INCL. CHINESE,
GREEK, GEORGIAN, FILIPINO, ETC.



OPERATED BY PROFESSIONAL
CLINICAL PSYCHOLOGISTS



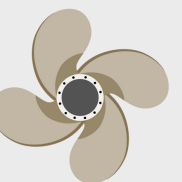
QUARTERLY REPORTS ON TRENDS
AND PREVENTIVE MEASURES



PRIVATE, ANONYMOUS AND
CONFIDENTIAL TALKS



WHATSAPP, LANDLINE, EMAIL,
TEXT, TELEGRAM, ETC.



ADDITIONAL SERVICES



CREW TRAINING

Tailored training on all aspects of wellbeing. These can include training on leadership, resilience, stress management or Psychological First Aid Training.



ON-SITE ATTENDANCE

In-person crew stabilisation through acute therapeutic interventions following an incident. Ensuring safety and security of the crew, making sure everyone is ready to return to work.



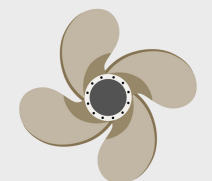
QUARTERLY SURVEYS

"Mental Health and Wellbeing" surveys created to help understand the concerns and worries of your crew, as well as hear their suggestions for improving life onboard.



PSYCHOLOGICAL TESTING

Pre-onboarding tests for crew members, using internationally-recognised framework for identifying individuals' stress points.



OUR RESPECTED CLIENTS

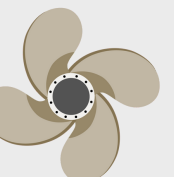
Our extensive experience in maritime psychology allows us to effectively support forward-thinking organisations in cruise, shipping and yachting sectors

CRUISE:



We offer courses at the WMU and collaborate with professors to create lasting change in the industry by educating the decision makers of tomorrow.

SHIPPING AND YACHT:



CONTACT DETAILS



+49 1515 4036645



info@mentalhealth-support.com



Mental Health Support Solutions
(MHSS)



Große Elbstraße 275
22767 Hamburg / GERMANY



www.mentalhealth-support.com